People and Cultures: Try Something New

Instructions:

On at least five different days, try something you have never tried before. The five days do not need to be in a row. You could try talking to someone you have never talked to before, going someplace new, tasting a food you have never had before, learning a new phrase in another language, learning a dance or other physical skill, or anything else you can think of to try. List the five things you did here and then write a short essay answering the questions below about what you learned. Use the back of the page if you need more room to write.

What were the five things you tried?
Write a short essay about what you learned. Some questions you may want to write about: Was it easy to try something new? Scary? Did you like what you tried- would you do it again? Would you like to learn or do more of any of the things? Would you like to try more new things?